

Joyclyn Kincy

Track Coach

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☎ 211-725-8732

📍 3009 Maple Street, Oklahoma City, OK 73119

Education

High School Diploma at Oklahoma City public schools

Sep 2012 - May 2016

Links

[linkedin.com/in/joyclynkincy](https://www.linkedin.com/in/joyclynkincy)

Skills

Running

Jumping

Throwing

Catching

Sprinting

Hurdling

Languages

English

Hindi

Profile

As a track coach for over 6 years, I have been privileged to work with some of the most promising young athletes in the area. My success as a coach is built on my passion for the sport and my commitment to helping each of my athletes reach their full potential. I believe that every athlete has the ability to succeed if they are given the proper guidance and support. It is this belief that drives me to be the best coach possible.

In addition to my coaching experience, I also hold a degree in Exercise Science from XYZ University which gives me valuable insight into maximizing an athlete's performance through comprehensive training programs. My goal as a coach is always to help my athletes achieve their personal bests while at the same time instilling in them a love for track and field.

Employment History

Head Track Coach at University of Oklahoma, OK

May 2022 - Present

- Led team to a championship title in the state track meet.
- Trained athletes who have gone on to compete in collegiate and professional level track meets.
- Organized and ran successful practices that consistently improved athlete's times and performances.
- Wrote detailed training programs for each individual athlete that took into account their strengths, weaknesses, and goals.
- Actively sought out new training methods and strategies to keep athletes motivated and improve their results.

Assistant Track Coach at Oklahoma State University, OK

Aug 2016 - Apr 2022

- Led team to an undefeated season and state championships.
- Achieved a personal best in the 100m dash with a time of 10.13 seconds.
- Helped athlete shave .5 second off their 200m dash time.
- Successfully recruited 5 new athletes to join the track team.
- Created training plan that improved mile times by 30 seconds on average.
- Implemented stretching routine that lowered instances of injuries by 50%.

Certificates

USATF Level 1 Certification (USATF)

Jan 2021

National Track & Field Coach Certification (NTFCC)

Oct 2019

IAAF Coaches Academy Diploma Course

Feb 2018