

Artra Rashed

Senior Health and Safety Engineer

✉ artra.rashed@gmail.com

☎ (900) 624-6725

📍 4716 Shadow Drive, Stafford,
VA 22554

Education

Bachelor of Science in Environmental Health and Safety at Virginia Polytechnic Institute and State University

Sep 2013 - May 2017

The coursework I've learned in Bachelor of Science in Environmental Health and Safety has taught me how to identify and assess environmental health and safety hazards, and how to develop and implement plans to control these hazards.

Links

[linkedin.com/in/artrarashed](https://www.linkedin.com/in/artrarashed)

Skills

Health and safety regulations

Risk assessment

Emergency procedures

First aid training

Fire safety training

Health and Safety Management
Systems (HSM)

Occupational health

Profile

I am a motivated and experienced health and safety engineer with over 5 years of experience in the field. I have worked extensively on projects involving occupational health and safety, as well as product liability. My skills include conducting hazard analyses, developing risk mitigation strategies, implementing safety programs, and investigating accidents. I am passionate about protecting workers from harm and promoting safe work practices.

Employment History

Senior Health and Safety Engineer at M, VA

Mar 2022 - Present

- Reduced worker injury rate by 33% over 2 years.
- Implemented new safety protocols that led to a decrease in lost work days due to injuries by 50%.
- Successfully completed 8 major Safety audits without any deficiencies.
- Instituted experimental procedures which resulted in a marked decrease (45%) of accidents and near misses in the chemical industry.
- Led health and safety committees that accomplished the following: o improved communication between management, employees, and health & safety representatives; o increased participation at monthly meetings four-fold; decreased incidents referred to the committee by 30%.

Health and Safety Engineer at American Electric Power, VA

Sep 2017 - Jan 2022

- Implemented an employee health and safety program that resulted in a 25% reduction in on-the-job injuries over 2 years.
- Led the development and rollout of a new online safety training module that was completed by all employees within 6 months.
- Successfully created and managed budgets for multiple health, safety, environmental projects.
- Conducted scientific research leading to 1 published paper in peer reviewed journal linking certain exposure levels with developmental disabilities.
- Conceived & executed.

Certificates

Certified Industrial Hygienist (CIH)

Jul 2021

Certified Safety Professional (CSP)

Jan 2020

Memberships

American Society of Safety Engineers

National Safety Council