

Letty Huet

Rowing Coach

Details

letty.huet@gmail.com

723-764-9419

123 Broad St, Chattanooga, TN 37402

Profile

I coached rowing for 4 years. I was responsible for organizing and leading practices, as well as developing training programs for my athletes. My experience includes working with all levels of rowers, from beginners to varsity-level athletes. I have a passion for the sport of rowing and love helping others improve their skills and reach their potential.

Employment History

Head Rowing Coach at CoachUp, TN

May 2022 - Present

- Led team of 30 rowers to victory in regatta with 50 other teams.
- Trained team of 15 novice rowers, who went on to win gold at state championships.
- Won bronze medal myself at National Rowing Championships.
- Set up competitive rowing program for local high school.
- Have been coaching rowing for 10 years.

Assistant Rowing Coach at RowingWOD, TN

Jul 2018 - Apr 2022

- Led team to first-place finish in regatta.
 - Taught 20 students proper rowing technique.
 - Organized and managed practice schedule for 25 rowers.
 - Helped student secure college rowing scholarship.
 - Wrote successful grant application for new rowing equipment.
 - Trained junior varsity team to victory in state championships.
-

Education

Bachelor of Science in Kinesiology at University of Tennessee, Knoxville

Sep 2013 - May 2018

Links

[linkedin.com/in/lettyhuet](https://www.linkedin.com/in/lettyhuet)

Skills

Rowing Technique



Rowing Strategy



Rower Psychology



Training Programming



Equipment Maintenance & Upkeep



Nutrition for Optimal Performance



Race Preparation & Execution

Languages

English

Portuguese

Certificates

First Aid (FA)

Sep 2020

CPR (CPR)

Aug 2019

AED (AED)

Aug 2018