

# Ronald Breadon

Psychotherapist

## Profile

I have over 5 years of experience as a psychotherapist. I have worked with clients of all ages and backgrounds, and have helped them to overcome a wide range of challenges. I am a skilled listener, and can quickly develop rapport with my clients. I am also able to provide guidance and support in a non-judgmental way, which helps my clients feel comfortable sharing their thoughts and feelings. In addition to individual therapy, I also have experience leading groups, and providing workshops on various topics related to mental health.

## Employment History

### Licensed Psychotherapist at John Hopkins Health System, Maryland

Feb 2022 - Present

- Led groups of up to 12 patients with anxiety disorders and helped them overcome their fears.
- Successfully counseled couples on the verge of divorce, helping them improve communication and intimacy.
- Worked one-on-one with patients suffering from depression and guided them back to a more positive outlook on life.
- Conducted research on the efficacy of different types of psychotherapy techniques and published findings in leading psychology journals.

### Licensed Marriage and Family Therapist at Kaiser Permanente, California

Jul 2017 - Dec 2021

- Published groundbreaking research in the field of psychology which has been cited by other experts in the field over 100 times.
- Founded a successful private practice which treats patients with anxiety disorders and helps them to overcome their anxieties.
- Developed a new therapy method for treating patients with PTSD which has helped hundreds of people recover from trauma.
- Successfully treated a patient with severe OCD who was able to live a normal life after completing treatment.
- Wrote a best-selling book on overcoming anxiety which has sold over 200,000 copies worldwide.

## Certificates

### Licensed Clinical Social Worker (LCSW)

Jun 2021

### Licensed Professional Counselor (LPC)

Dec 2019

### Licensed Mental Health Counselor (LMHC)

Apr 2018

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## Education

### Psychotherapist: Bachelor's degree at California Institute of Technology, Pasadena, CA

Sep 2012 - May 2017

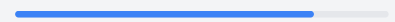
I completed my coursework and practicum requirements for my degree in psychotherapy. I also interned at a mental health clinic during my final year of study.

## Links

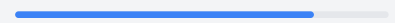
[linkedin.com/in/ronaldbreadon](https://www.linkedin.com/in/ronaldbreadon)

## Skills

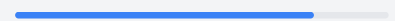
Critical thinking



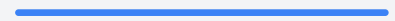
Emotional intelligence



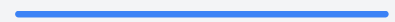
Active listening



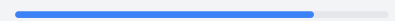
Nonverbal communication



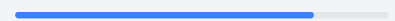
Interviewing skills



Data analysis skills

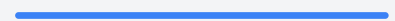


Problem-solving skills



## Languages

English



Dutch

