

Aleysia Billenstein

Nursing Home

Profile

I have worked as a nurse in nursing homes for many years. I have seen the good and the bad in this line of work. I know what it takes to provide excellent care to residents while keeping up with the demands of management. I am a patient advocate and will always put my patients first.

Employment History

Registered Nurse at Epic Health Services (TX)

May 2022 - Present

- Reduced inpatient hospitalizations by 18%.
- Achieved a 5-star quality rating from CMS.
- Received the AHCA/NCAL Bronze Quality Award.
- Decreased falls by 22%.
- Lowered staff turnover rate to 12%.
- Implemented palliative care program.

Licensed Practical Nurse at Kindred Healthcare, Inc. (KY)

Aug 2017 - Apr 2022

- Introduced a new pain management program that reduced the number of residents experiencing moderate to severe pain by 30% within 6 months.
- Successfully implemented a falls prevention program that decreased the rate of falls among residents by 20% over 12 months.
- Created and piloted a dementia-specific programming which resulted in a decrease in aggressive behaviors among participants by 50%.
- Worked with the interdisciplinary team to develop an individualized care plan for each resident, resulting in improved quality of life ratings from families.
- Partnered with local organizations to provide monthly outings for residents, giving them opportunities to socialize and experience their community.

Education

Associate's Degree in Nursing at The Ohio State College, Columbus, OH

Aug 2013 - May 2017

I am proud to say that I have maintained a 4.0 GPA while studying for my Nursing degree. I have also been on the dean's list every semester since starting college.

Certificates

CNA (Certified Nursing Assistant)

Aug 2020

HHA (Home Health Aide)

Jan 2019

CMA (Certified Medication Aide)

Jan 2018

Details

aleysia.billenstein@gmail.com

631-766-9467

42223 Edgewood Street, Fremont, CA 94538

Links

[linkedin.com/in/aleysiabillenstein](https://www.linkedin.com/in/aleysiabillenstein)

Skills

Clinical skills



Communicating with residents



Medication administration



Wound care



Infection control



Documentation



Supervising nursing assistants



Languages

English



Urdu

