

Lezly Lacerna

Massage Therapist

Profile

I am a massage therapist with over 5 years of experience. I have worked in various settings, including spas, resorts, and clinics. I am skilled in Swedish, Deep Tissue, and Sports Massage techniques. I am passionate about helping my clients feel their best and providing them with relief from pain or stress. I am dedicated to continuing my education and staying up-to-date on the latest massage therapy techniques.

Employment History

Licensed Massage Therapist at A plus Massage, UT

May 2022 - Present

- I increased my clientele by 20% through word-of-mouth referrals.
- I successfully completed a 500 hour Massage Therapy training program.
- I have been practicing Massage Therapy for 10 years.
- I am certified in Swedish, Deep Tissue, and Sports massage techniques.
- I have worked with a variety of clients, including athletes and pregnant women.
- I have flexibility in my schedule to accommodate client needs.

Certified Massage Therapist at Yupa Thai Massage, UT

Jul 2017 - Mar 2022

- I have increased my clientele by 25% in the last 6 months through word-of-mouth and online marketing.
- I successfully completed a 600 hour massage therapy program, including 300 hours of hands-on training.
- I am certified in Swedish Massage, Deep Tissue Massage, Sports Massage, and Trigger Point Therapy.
- In my first year as a licensed massage therapist, I gave more than 500 massages totaling over 750 hours of actual "table time".
- Clients report an average satisfaction rating of 9 out of 10 following their session with me.
- Clients who were dealing with chronic pain or injuries reported significant improvement after receiving weekly massage sessions for 1 month from me.

Certificates

National Certification Board for Therapeutic Massage & Bodywork (NCBTMB)

Nov 2020

American Massage Therapy Association (AMTA)

Sep 2019

Associated bodywork & Massage Professionals

Dec 2017

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☎ 527-336-1185

📍 1415 Meadowbrook Lane, Sandy, UT 84094

Education

Diploma in Massage Therapy at Brigham Young University

Aug 2013 - May 2017

I graduated with a diploma in massage therapy from a well-renowned massage school. I am a certified massage therapist.

Links

[linkedin.com/in/lezlylacerna](https://www.linkedin.com/in/lezlylacerna)

Skills

Communication

Customer service

Interpersonal skills

Knowledge of human anatomy

Physical strength and endurance

Relaxation techniques

More items */

Languages

English

French