

Martha Maymi

Marriage and Family Therapist

Profile

I am a highly experienced Marriage and Family Therapist with over 5 years of experience working with couples, families, and individuals. I have a deep understanding of the dynamics at play within relationships, and use this knowledge to help my clients improve communication, resolve conflict, and build stronger bonds. I am passionate about helping people create lasting change in their lives, and take great satisfaction in seeing my clients achieve their goals.

Employment History

Marriage and Family Therapist at Kaplan University – Iowa

Mar 2022 - Present

- Successfully completed 500 hours of clinical training with individual, couples, and families.
- Successfully passed the Marriage and Family Therapy National Exam.
- Maintained a private practice for 5 years seeing 20 clients per week on average.
- Led 10 workshops on topics such as communication skills, conflict resolution, and stress management.
- Effectively worked with children ages 3-18 in both individual and family therapy sessions using various techniques such as play therapy, art therapy, and sand tray therapy.
- Served on the board of directors for a local non-profit organization dedicated to promote health and wellness in at-risk youth.

Licensed Marriage and Family Therapist

Aug 2017 - Jan 2022

- Negotiated a \$200 increase in salary.
- Led a team of 6 employees to complete a project under budget and ahead of schedule.
- Wrote articles that were published in 3 major industry publications.
- Spoke at 2 national conferences on the topic of family therapy.
- Successfully treated 85% of patients with depression using cognitive behavioral therapy techniques.

Certificates

Licensed Marriage and Family Therapist (LMFT)

Dec 2020

Licensed Professional Counselor (LPC)

Aug 2019

National Certified Counselor (NCC)

May 2018

✉ martha.maymi@gmail.com

☎ 113-468-8846

📍 589 East Main Street, Newport, VT 05855

Education

Bachelor's in Family Therapy at University of Illinois, Champaign, IL

Sep 2013 - May 2017

Some of my accomplishments while studying to become a Marriage and Family Therapist include completing coursework in psychology, sociology, human development, and psychopathology. I have also gained clinical experience working with couples and families in therapy.

Links

[linkedin.com/in/marthamaymi](https://www.linkedin.com/in/marthamaymi)

Skills

Marriage and Family Therapy

Psychotherapy

Counseling

Relationship Skills

Communication Skills

Conflict Resolution Skills

Languages

English

Indonesian