Ma Murphree

Health Educator

✓ <u>ma.murphree@gmail.com</u>

438-047-2025

• 141 Parker Road, Pittsford, VT 05763

EDUCATION

BA in Health Education at Lehigh

University, Bethlehem, PA Aug 2014 - May 2019

Some of my accomplishments while studying for Health Educator in school are that I have taken many classes on health and nutrition topics, as well as completed a few internships in the field.

LINKS

linkedin.com/in/mamurphree

SKILLS

Health Education

Health Promotion

Disease Prevention

Community Outreach

Program Evaluation and Planning

Communication Skills

Organizational Skills

LANGUAGES

English

Mandarin

PROFILE

I have experience working in public health and community-based settings. I am a certified Health Educator with expertise in developing, implementing, and evaluating educational programs promoting individual and community health. My work has focused on reducing chronic disease risk factors through lifestyle change interventions targeting diet and physical activity. I am skilled at collaborating with multidisciplinary teams to address complex problems affecting the health of individuals and communities. In my previous role as Program Manager for a large non-profit organization, I successfully developed, implemented, and evaluated multiple multi-year grants totaling over \$1 million dollars from state government agencies aimed at improving population level cardiovascular outcomes by addressing policy, system, and environmental-level barriers to healthy eating behaviors among low income adults residing in rural areas across 3 states.

EMPLOYMENT HISTORY

Health Educator at National Board of Public Health Examiners (NBPHE)

Mar 2022 - Present

- Developed and implemented health education programs that resulted in a decrease of risky behaviors among target populations by xx%.
- Wrote XX grant proposals which were funded, totaling \$X million dollars for health education programs.
- Collaborated with community partners to develop innovative approaches to reach hard-to-engage groups, resulting in an increase of participation rates by xx%.
- Defined the scope and sequence of content for Health Education curriculum used in grades K-12.
- Led professional development workshops on effective teaching methods for over 200 teachers.

• Community Health Educator at American Association for Health Education (AAHE)

Aug 2019 - Feb 2022

- Successfully educated 100 patients on the importance of diet and exercise for heart health.
- Successfully implemented a community outreach program that provided free health screenings to underserved populations.
- Implemented a new wellness program at XYZ company that resulted in a 10% decrease in employee healthcare costs.
- Successfully organized and executed a 5k walk/run event to raise awareness for breast cancer.
- Worked with local school district to develop and implement an obesity prevention curriculum for elementary students.
- Assisted in developing policy recommendations that led to the implementation of smoke-free policies in all workplaces within city limits.

CERTIFICATES

Certified Health Education Specialist (CHES) Aug 2020