

# Netra Craigen

Health and Safety Specialist

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## EDUCATION

### Bachelor of Science in Health and Safety at University of Missouri-Columbia

Aug 2012 - May 2017

The coursework I've learned in Bachelor of Science in Health and Safety has taught me how to identify and assess risks in the workplace and how to develop and implement health and safety programs to mitigate those risks.

## LINKS

[linkedin.com/in/netracraigen](https://www.linkedin.com/in/netracraigen)

## SKILLS

Health and safety regulations

Risk assessment

Emergency procedures

First aid

Health and safety training

Fire safety

## LANGUAGES

English

Portuguese

## HOBBIES

Organizing and cleaning

Reading

Crafting

## PROFILE

I am a highly experienced Health and Safety Specialist with over 5 years experience in the field. I have worked extensively in both the public and private sector, and have developed a strong reputation as an expert in my field. I possess excellent communication skills, and am able to effectively communicate complex information to a wide range of audiences. I am also well-versed in current health and safety legislation, and have successfully implemented various health and safety initiatives within organizations. My commitment to promoting safe work environments has resulted in numerous successes throughout my career.

## EMPLOYMENT HISTORY

### ● Health and Safety Specialist II at Cintas Corporation, MO

Jun 2022 - Present

- Designed and implemented health and safety program that reduced work-related injuries by 25%.
- Conducted training on ABC Company's Health and Safety Policy for all new employees.
- Investigated 5 worker's compensation claims and made recommendations to reduce future risks.
- Led monthly safety meetings with management team to brainstorm ways to further improve the workplace environment.
- Wrote comprehensive report on findings of ergonomic assessment of company XYZ.

### ● Health and Safety Specialist I at The Safety Consulting Group, MO

Jul 2017 - May 2022

- Implemented a new safety program that reduced injury rates by 25%.
- Led investigations into accidents and incidents, resulting in resolution of root causes and prevention of future occurrences.
- Authored comprehensive safety reports detailing findings and recommendations.
- Trained employees on proper safety procedures and use of personal protective equipment.

## CERTIFICATES

### Certified Industrial Hygienist (CIH)

Sep 2020

### Certified Safety Professional (CSP)

Feb 2019

## MEMBERSHIPS

American Society of Safety Engineers

National Safety Council