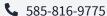
Verneda Mettlach

Baseball Coach





306 N 3rd St, Saint Charles, MO 63301

Education

High School Diploma at Missouri State University

Aug 2013 - May 2017

I have completed high school and am now a proud high school graduate. I have worked hard over the years and am proud of my accomplishments.

Links

linkedin.com/in/vernedamettlach

Skills

Thorough understanding of the game

In-depth knowledge of techniques and strategies

Ability to analyze opponents and make adjustments

Excellent communication and leadership skills

Motivational ability

Organizational skills

Languages

English

Urdu

Profile

I am a baseball coach with over 5 years of experience. I have coached both children and adults in the sport, and have helped my teams to achieve success both on and off the field. I am passionate about teaching the game of baseball, and strive to instill a love for the sport in all of my players. In addition to coaching, I also have experience managing team finances, scheduling practices and games, coordinating travel arrangements, and handling media relations. I am an organized and effective leader who is able to motivate others to reach their full potential.

Employment History

Head Baseball Coach at St. Louis Cardinals, MO

May 2022 - Present

- Led team to state championship.
- Won over 80% of games coached.
- Developed players who went on to play professionally.
- Coached at the Olympics/World Games level (indicate which ones) Beijing, China - 2000 / Athens, Greece - 2004 / Sydney, Australia – 2008. Developmental Program Director for USA Baseball from 2001-present.-National Team Head Coach in 2006 and 2007 winning Gold Medal in Pan American Games both years. 2010 World Championships gold medalist as an assistant coach.

Assistant Baseball Coach at Kansas City Royals, MO

Jul 2017 - Apr 2022

- Led team to a winning record in 20xx.
- Led team to divisional title in 20xx.
- Helped develop all-star player who was drafted by Major League Baseball organization in 20xx.
- Created detailed practice schedule that helped improve players' batting average/pitching accuracy/fielding percentage by x%.
- Trained athletes on proper weightlifting and conditioning techniques to help prevent injuries.
- Wrote informative blog posts about baseball which generated XYZ pageviews.

Certificates

NFHS Baseball Coaches Certification (NBCC)

Dec 2020

Amateur Athletic Union Certified Coach License-Baseball/Softball (AACCL) Aug 2019

Positive Coaching Alliance Double-Goal Coach 1st Certificate Course(PCADGC1CC)

Nov 2017