

Zakyiah Ruggio

Associate Health and Safety Engineer

Profile

I am an Associate Health and Safety Engineer with over 5 years of experience. I have a strong background in health and safety principles, industry standards, accident investigation techniques, ergonomics analysis methods, hazardous materials management practices, workers compensation systems & return-to-work programs. My vast experience has taught me how to develop comprehensive safety plans that consider all aspects of the potential hazards in the workplace. I excel at identifying potential risks before they occur and developing cost effective solutions to mitigate those risks. In every position I have held, my ultimate goal has been to ensure a safe work environment for all employees while maintaining compliance with local/state/federal regulations.

Employment History

Associate Health and Safety Engineer I at National Safety Council, NE

May 2022 - Present

- Implemented a new health and safety program that reduced accidents by 25%.
- Trained 50 employees on proper safety procedures.
- Investigated 10 accident reports and made recommendations to improve safety in the workplace.
- Reviewed 100 documents for compliance with OSHA regulations.

Associate Health and Safety Engineer at American Society of Safety Engineers, NE

Jul 2017 - Apr 2022

- Led a team of safety inspectors in identifying potential hazards at construction sites.
- Conducted inspections of over 100 workplaces and provided recommendations to improve safety conditions.
- Drafted 20 health and safety plans for businesses seeking OSHA compliance.
- Trained 50 employees on proper lifting techniques to prevent musculoskeletal injuries.
- Investigated 10 workplace accidents, identified root causes, and developed corrective action plans to prevent future incidents.

Education

Associate of Science in Occupational Safety and Health at Nebraska Wesleyan University

Sep 2012 - May 2017

The coursework I've learned has taught me how to identify and control workplace hazards, and how to develop and implement safety and health programs.

Details

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Links

[linkedin.com/in/zakyiahuggio](https://www.linkedin.com/in/zakyiahuggio)

Skills

OSHA Regulations

Hazard Analysis

Risk Assessment

Safety Management Systems

Ergonomics

Industrial Hygiene

Languages

English

French

Hobbies

Organizing and cleaning

Listening to music

Watching TV or movies