

Alex Hoge

Art Therapist

Profile

As an Art Therapist, I have worked extensively with clients of all ages in a variety of settings to help them heal emotionally and express themselves creatively. I have helped clients who are dealing with anxiety, depression, trauma, addiction, chronic pain, eating disorders and more. My work has been featured in several magazines and newspapers. In addition to my clinical experience, I also have a strong background in art history and studio art.

Employment History

Registered Art Therapist at Institute of Chicago - Illinois

Feb 2022 - Present

- Successfully completed art therapy training program.
- Interned at a hospital and helped patients with their mental health through art.
- Ran an art therapy group for individuals with eating disorders.
- Worked as an Art Therapist in a school setting and provided creative outlets for children to process emotions.
- Organized and ran a charity auction that raised \$5,000 for underprivileged youth to participate in arts programs.
- Started my own private practice.

Art Therapist at The Therapy Studio - California

Sep 2018 - Jan 2022

- Worked with 100 clients in a year.
- Led 10 group art therapy sessions.
- Worked one-on-one with 50 clients.
- Taught 5 workshops on art therapy techniques.
- Authored 1 book chapter on using art in trauma recovery.
- Presented at 2 national conferences.

Education

BFA in Art Therapy at Carnegie Mellon University, Pittsburgh, PA

Sep 2014 - May 2018

I am proud of the hard work and dedication I put into my schooling to become an art therapist. I completed all required coursework and internships, while also maintaining a high GPA.

Certificates

Registered Art Therapist (ATR)

Mar 2021

Board Certified-Art Therapist (BC-ATR)

Sep 2019

Licensed Professional Counselor with a specialty in art therapy.

Jun 2018

Details

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Links

[linkedin.com/in/alexhoge](https://www.linkedin.com/in/alexhoge)

Skills

Intervention

Assessment

Psychological

Art materials and media

Art history

Therapeutic process and relationship

Group dynamics

Languages

English

Mandarin